



FELINE RESOURCES: ENRICHMENT FOR THE INDOOR CAT

- ❖ Snuggly Cat the Ripple Rug: Playmat (available on Amazon.com)

- ❖ Nina Ottosson Puzzles: Puzzles for treats or meals. These puzzles are available in many levels of difficulty and dog puzzles can often be appropriate for cats as well. Puzzles should ideally be switched on a monthly or twice monthly basis and then be reintroduced to avoid pets becoming bored with or too accustomed to them. It can be helpful to have a rotation of 3-4 puzzles of varying difficulty. (Available on Chewy.com, Amazon.com and (<http://www.nina-ottosson.com/>))

- ❖ Doc & Phoebe's Cat Co – Indoor Hunting Cat Feeder: Used for partial meals or cats can be transitioned to all or most meals in this feeding form. ***If your cat is not eating well with this feeder tool, you must also supplement normal feeding. Avoid unintentional weight loss or anorexia in your pet. Enrichment feeders are not appropriate for all cats. ***

- ❖ DIY Options for Feeding Enrichment: One of the most low-cost options available is to simply use a clean and dry water bottle and cut a hole just large enough for kibble or treats to fall out with play. For cats learning this new toy it is recommended to have multiple areas where the treats or food can fall out of. To avoid sharp edges, you can apply some electrical tape or duct tape to avoid any potential for injury. Once this toy has been exhausted, it is recommended to rinse it out – cut away or remove tape that was applied and recycle it. If you do not recycle in your home, simply dispose of the used bottle. ***If the cat chews on the plastic of the bottle or is causing any sort of injury to itself, the toy should be removed immediately. Recommend replacing this homemade option at least once weekly. Enrichment feeders are not appropriate for all cats. ***

- ❖ Catastrophic Creations: Cat furniture and wall installations. Many cats require vertical space in their environment. By providing additional space and wall enrichment to your pet's life they can have enhanced comfort and better viewing like they would have naturally in the wild. Vertical space also provides a reprieve for cats in multi cat households, households with children and households with dogs. For multi cat families it is recommended to provide multiple rest areas and trees. (Available on <http://www.catastrophiccreations.com/>)

- ❖ Cat Trees: Cat trees can be custom made, ordered online, and purchased with Petco, PetSmart, or many pet suppliers. When looking at trees, it is important to keep in mind the type of substrate the cat will be experiencing and how cleaning that substrate will be for you.